



KIDS ONLY

**One&Only Royal Mirage**  
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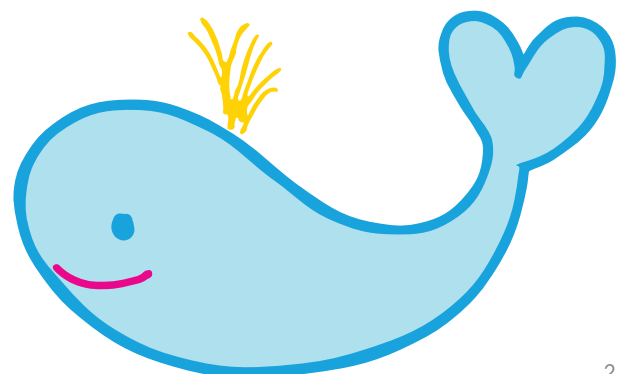


## Welcome to One&Only Royal Mirage, Dubai.

To ensure that your family enjoys its stay with us here at One&Only Royal Mirage, our KidsOnly programme was designed to help keep your children entertained, allowing you to make the most of the resort's many wonderful facilities.

This booklet outlines the main features of the KidsOnly programme. We hope that you find it helpful, and we also hope that you'll enjoy a great holiday.

One&Only Royal Mirage, KidsOnly Team





## 'KidsOnly' Club

### LOCATION

There are KidsOnly clubs located in both The Palace and the Arabian Court. Each offers a TV room, games, books and an arts and crafts area. Please refer to the map later in this booklet for directions.

### TIMINGS

The KidsOnly clubs are open daily for supervised activities during the following times:  
10am - 12.30pm  
2.30pm - 5pm  
6pm - 10pm

### AGES

Use of the KidsOnly Club and amenities is free to all resort guests aged between four and eleven years.

Children under four are welcome to use the club's facilities, but must be supervised at all times by a parent or guardian.

### CONTACT DETAILS

One&Only Royal Mirage - 04 399 9999  
The Palace KidsOnly Club - Ext. 2183  
Arabian Court KidsOnly Club - Ext. 2191

### REGISTRATION

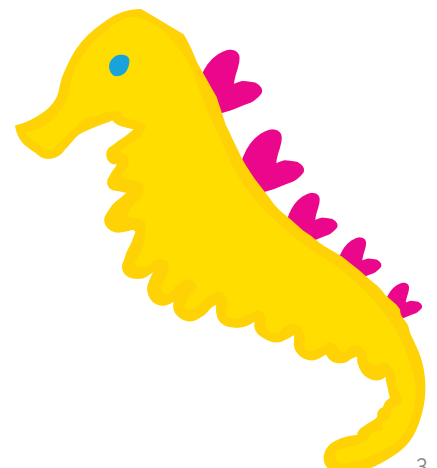
Participation in Kids Club activities is subject to prior registration and to adherence to the club's rules and safety regulations. You may register your child at either club at any time. We strongly recommend that you ensure that your child is present at the club prior to the start of any scheduled activities to avoid disappointment.

### HEALTH

We ask that you inform us of any health problems or allergies from which your child may suffer, as well as any information related to the well being of the children or any children present. For the comfort and safety of Kids Club members, children with signs of flu or other potentially contagious conditions will not be permitted to participate in club activities.

### FOOD ALLERGIES

**Although dietary or allergy specifics may have been noted at the time of your arrival, for safety reasons, please ensure to reiterate each of your children's particulars on each restaurant visit to the Restaurant Management. Our Guest Relations coordinator and hotel Chef will also be pleased to meet you personally to discuss any specific culinary requirements.**





## Activities

The KidsOnly Club offers daily supervised activity programmes adapted to three age groups: 4-5 years, 6-8 years and 9-11 years.

A weekly programme of events is available at the KidsOnly Club and also from our Guest Service desk. Please note that activities are subject to change depending on weather conditions and the number of participants. During school holidays special activities may be offered.

Please ask at the KidsOnly Club for more details.

### **WATER SKIING** (ages 8 and above)

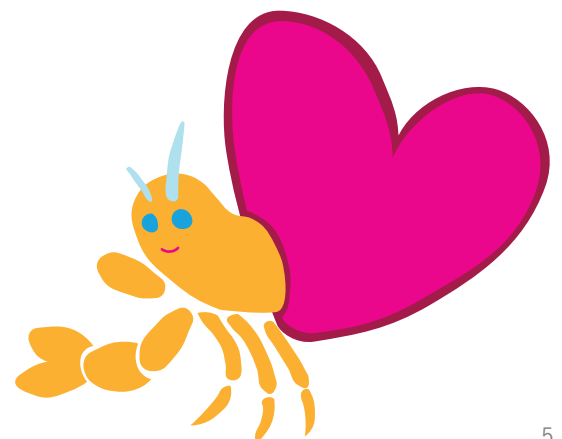
Discover this exhilarating sport with the water sports team. Depart from the Beach Sports Centre located on the beach.

### **SWIMMING LESSONS** (ages 4 and above)

One-to-one swimming lessons conducted by fully qualified staff.  
(24 hours notice required)

### **TENNIS** (ages 7 and above)

Our professional tennis coach will improve your child's game with a structured programme designed to develop solid tennis technique.  
(Reservation required)





## Family Dining

### **BREAKFAST** (6.30am - 10.30am)

The Rotisserie and Olives Restaurant are both ideally suited for families, with casual indoor and outdoor dining and a delicious buffet offering many childfriendly dishes.

For the comfort of all guests, breakfast at Celebrities Restaurant is recommended for families with children aged 8 and over.

### **LUNCH** (12.30pm - 3.30pm)

At The Palace, we recommend Olives Restaurant for its casual family atmosphere and wide range of buffet items and à la carte specialities.

The Beach Bar & Grill, with its outdoor lower deck, is also ideal for casual family dining, and offers a selection of children's favourites. In addition, 'feet in the sand' seating is available.

The Esplanade Pool Bar also offers a light snack selection.

At the Arabian Court, we recommend The Rotisserie, which offers a wide range of popular buffet items.

Eauzone features an outdoor deck with a dedicated light food selection.

Please also ask for our all-day children's menu.

### **DINNER**

For family dining, Olives and The Rotisserie offer a wide range of delicious dishes. Eauzone and Nina restaurant welcome children aged 4 and above, while Celebrities and Tagine can accommodate children aged 8 and above.

### **ALL DAY DINING**

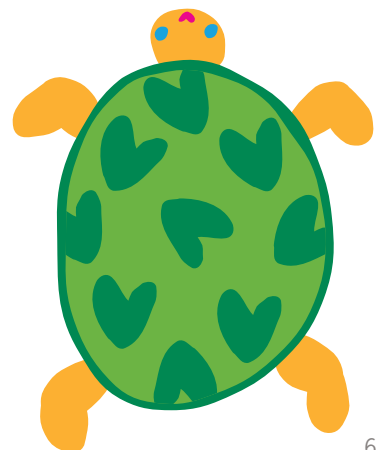
A light afternoon menu is available between lunch and dinner at all open restaurants. Room Service is on hand to cater for your family dining requirements around the clock. In addition to a large selection of international and Arabian specialities, the Room Service menu also features a children's selection.

### **EARLY OWL DINNER**

During peak school holiday and festive seasons, children are welcome to join the KidsOnly team for dinner in either Olives or The Rotisserie. Please contact the Recreation Office for further information and bookings.

### **BABY FOOD**

The resort stocks a range of baby food - please contact our Room Service department or inform the Restaurant Manager of your requirements when making a reservation. Our Chefs will be happy to assist with your baby's meals, as well as lending a hand with the sterilisation and warming of your baby bottles.





## Babysitting

Subject to availability, the Housekeeping Department will be happy to assist you with babysitting services at a nominal cost. Please note that babysitting places are limited, so we urge you to book at least 48 hours in advance. For more information and bookings, please contact Housekeeping on ext. 2300/1

### **RULES & REGULATIONS**

The babysitter is there to assist you during short parental absences. This in no way constitutes a substitute for parental supervision and responsibilities.

Tasks including, but not limited to, feeding, bathing, changing and swimming must at all times be carried out under parental supervision. A maximum of two children per babysitter is permitted.

### **TIMINGS**

All babysitters are One&Only Royal Mirage team members and provide their free time to offer babysitting services. As they also carry out full-time daily duties, babysitting sessions should not exceed four hours (or eight hours on a team member's day off) and should not be scheduled to continue after midnight. We do not allow babysitters to be assigned beyond six continuous days.

### **AVAILABILITY OF BABYSITTERS**

Should an employee be unavailable due to sickness or emergency leave, Housekeeping will do their utmost to offer a replacement babysitter, subject to staff availability.

### **SPECIAL INSTRUCTION**

Please be sure to inform Housekeeping of any special instructions relating to the child's medical condition, behaviour, allergies, etc. Due to safety concerns, babysitters are not permitted to administer medicine to children in their care.

### **DURATION OF SERVICE**

Should the duration of service required change, we would be grateful if you could inform Housekeeping.

### **CONTACT DETAILS**

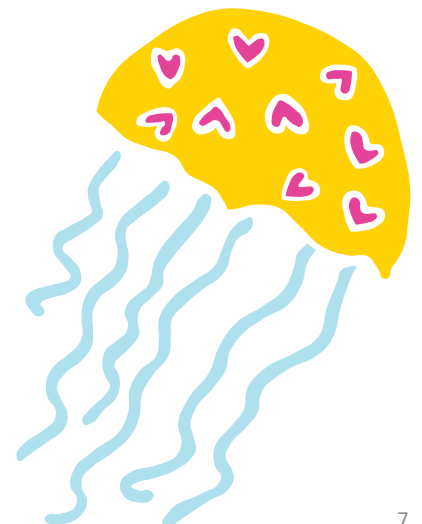
Parents/guardians must be contactable at all times and must leave contact details with the babysitter.

### **PAYMENT**

Please note that no direct payment should be made to the babysitter.

### **MEALS**

Parents must make arrangements for meals for the babysitter and child if the session is over lunch or dinner time. Please note that babysitters will not feed children aged under 36 months without parental supervision.





## Children's Safety

Children remain under the sole care and responsibility of their parents/guardians throughout their time at the resort.

The resort goes to great lengths to put security measures in place to ensure the safety of all guests. However, we request that you keep a constant check on your children whenever they are not participating in an organized activity, especially around the swimming pool – even when it is monitored - and on the beach.

### PATHWAYS

The resort has been designed along old Arabian lines, which can sometimes make finding their way around a challenge for small children. Please take the time to get acquainted with the various paths, walkways and lifts. Also, please keep a close eye on your children around steps, foliage, ponds, swimming pools and the beach.

### BEACH & POOL

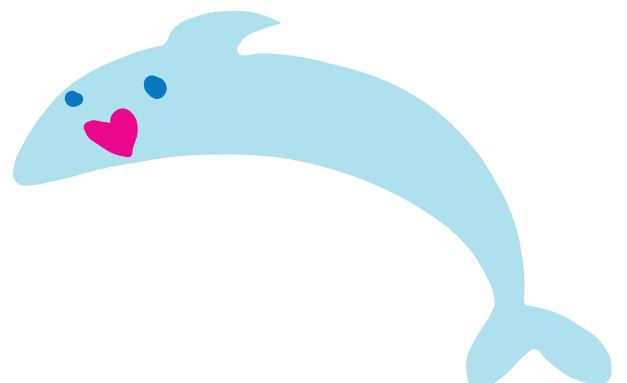
We recommend that children wear suitable footwear at all times when outside to avoid accidents involving sharp sea shells, stones, etc. Sandshoes can be purchased at the Beyond the Beach store on the resort's beachfront.

### THE DO'S

- **DO ensure that your child is wearing a suitable sunscreen**
- **DO provide your child with a hat**
- **DO ensure that your child is wearing shoes out of doors**
- **DO give your child plenty of water to drink**
- **DO make sure that you and your child swim close to the shore**
- **DO obey the warning flags**
- **DO take special care on inflatables**
- **DO inform us of any allergies or special requirements**
- **DO respect the comfort and wellbeing of other guests**

### THE DON'TS

- **DON'T allow your child to swim immediately after meals**
- **DON'T let your child run around the pool area**
- **DON'T allow your child to swim unsupervised**





## Baby Supplies

For emergencies, we stock a range of baby products, such as:

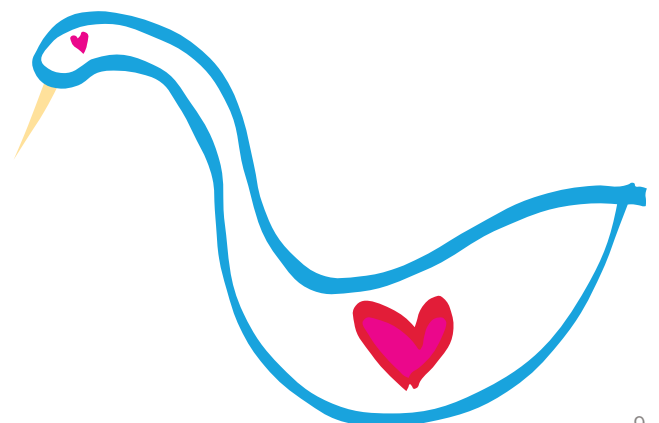
- **Diapers/nappies**
- **Baby wipes and lotions**
- **Baby powder**
- **Baby soap and shampoo**

For additional requirements, the Concierge will be happy to assist you with purchasing additional products.

### EQUIPMENT

During your stay, we will be happy to lend you equipment to help ensure your child's comfort and safety, including:

- **Potty/Bath Tub**
- **Stroller/Pushchairs**
- **Bottle warmer/Steriliser**
- **Car seat/Car booster seat**
- **Baby cot**
- **Changing mat**
- **High chair** (in restaurants which accept young children)







## Resort Map

### THE PALACE

- 1 Playground
- 2 Beach Bar & Grill
- 3 Esplanade Pool Bar
- 4 The Palace 'KidsOnly' Club
- 5 Olives Restaurant
- 6 Watersports Centre
- 7 The Jetty Lounge
- 8 Putting Green
- 9 Tennis Courts

### RESIDENCE & SPA

- 10 Oval Garden
- 11 Al Koufa Fort

### ARABIAN COURT

- 12 Arabian Court 'KidsOnly' Club
- 13 Rotisserie
- 14 Playground
- 15 Eauzone



### AL KOUFA FORT

During school holidays and festive seasons Al Koufa Fort is open. The fort features an enclosed courtyard with stage area and toddlers' splash pool. Kids toilets and storage lockers are also available. The adjacent oval garden is used for family games, camel riding and sports. As part of the KidsOnly Club, Al Koufa Fort is bound by the same rules and regulations.

### PLAYGROUNDS

There are two playgrounds in the resort for the enjoyment of children of all ages, under close supervision of their parents/guardians. The first is located by the main pool of the Arabian Court and is best suited to children aged 6 and under. The other is located near the Beach Bar & Grill and is designed for older children. Please see the enclosed map for exact locations.

### BABY CHANGING FACILITIES

Dedicated changing facilities for babies and toddlers are available in both KidsOnly clubs as well as at the poolside at The Palace and Arabian Court.