

H A R M O N I A

spa



spa

Harmonia spa and Phytomer invites you to explore our range of detox treatments, relaxing massages, signature body and facial treatments and hydrotherapies through specially designed beauty & wellness programs for everyone who wants to be spoiled! A heated indoor pool and several wet areas wait for you to explore them and benefit physically and spiritually.

Harmonia - as its name reveals - is a world of relaxation and rejuvenation that promises to free your senses and reduce your stress and weariness. Surrender yourself to the pleasure of holistic pampering and lift your spirit high.



## FACIAL TREATMENTS

### Spa-Prestige Éclat

The coexistence of the rich marine power into a treatment for rejuvenation, radiance and hydration of the skin. The treatment can be easily adapted to your personal needs.

**TIME 45'**      **PRICE 60,00€**

### Hydra Blue Treatment - Detox and Plumping Moisturizing

A complete and specialized treatment with double action to moisturizing. Reliefs from thirst and moisturizes in a few minutes while, at the same time, stimulates the proteins that contribute to cellular cohesion for strengthening of the skin. The innovative mask «Chauffant nettoyant» with sea zeolites, caolin and oxygenol, cleanses in depth, oxygenates and detoxifies, allowing your skin to breath better. A perfect combination of high effectiveness for pure, moisturized, smooth and radiant skin.

**TIME 60'**      **PRICE 75,00€**

### Douceur Marine

An ideal treatment for a sensitive skin that calms and relieves immediately. It acts instantly to the irritations due to the great composition of soothing ingredients. Water for the sea sources, algae sugars, coral extracts are improving the microcirculation, reassuring a smooth and fresh skin.

**TIME 60'**      **PRICE 80,00€**

### City-Life “Sorbet”

A specialized treatment that combats environmental pollution for restoration of freshness and brightness of the skin. The “Sorbet” delicate texture of the products works in synergy with the skin and eliminates impurities, detoxifies, oxygenates and revitalizes. The cocktail of healthy ingredients, becomes a natural shield against environmental pollution and instantly moisturizes, decongests and illuminates dull and tired skin.

**TIME 60'**      **PRICE 80,00€**

### Eye & Lip Contour Treatment

An anti-wrinkled eye treatment with collagen's marine elements and elastin. It soothes the wrinkles to the eye contour and helps in decreasing the edemas and the black circles. At the same time, enjoy a complete treatment for lips contour. A cocktail of exfoliation with very effective ingredients which stimulate the circulation, while the splendor mask balm with hyaluronic nourishes - soothes - hydrates - tones the contour of the lips by giving them a natural volume.

**TIME 35'**      **PRICE 60,00€**

### Extended Youth

An anti-wrinkle firming treatment that increases the resistance of the skin giving an extended youth. The marine macromolecules contribute to the cells restructure and to the collagen's and elastin's reproduction as well. The sea retinol and the hyaluronic restore the aspect of youth revealing your facial characteristics. An effective radiant-firming and smoothing wrinkles treatment with 100% of natural - effective ingredients of the marine resources - which reinvigorate your skin, against the deterioration of time. Ocean - Science - Beauty to the cosmetics request.

**TIME 60'**      **PRICE 85,00€**

### Skin Escape for Men

A treatment focused on detoxification and oxygenation of the skin. It smooths the fatigue signs on face, hydrates and calms the skin from any irritation. Suitable for men's skin, it gives freshness and a smoothing effect.

**TIME 50'**      **PRICE 75,00€**



## BODY TREATMENTS

### Shimmer Satin Treatment Exfoliation and Hydration

We proceed in a deep cleansing with salts, corals and hazelnut oils, coconut oil, soya, nut and Oligomer (solidified sea). Then apply a cream with a cocktail of marine ingredients to the full body that restore the aquatic tone to your skin and it prepares it to be safely exposed to the sun.

**TIME** 45'     **PRICE** 55,00€

### Sea Foam Massage and Cooling Mask

A unique relaxing experience. A smooth cleaning of the skin with a creamy-soapy product is followed by and a full body wrap with a detoxifying, firming and cooling mask. The experience is completed with a highly hydrating cream, leaving the body totally nourished and relaxed.

**TIME** 60'     **PRICE** 80,00€

### Thermal Algotherapy (Back-Neck-Shoulders)

This treatment faces and soothes back, neck, waist and arms pains. After a deep skin cleansing apply a effervescent sea mud mask that creates a thousands of microcapsules which release active sea ingredients capable of facing the aches and the tensed muscles. A healing massage follows to this particular part of the body.

**TIME** 60'     **PRICE** 70,00€

### Leg Revival - Leg Soothing Treatment

A treatment with marine flavonoids and Centella Asiatica that filters, stimulates blood microcirculation, reinforces capillary tone, relaxes and relieves tired legs. Proceed with a peeling with crystal salts and essential oils. Apply a particular fresh gel mask from the sole up to thighs that stimulates blood microcirculation, rejuvenates and disappears the edemas. Rediscover the confidence of showing off your legs.

**TIME** 45'     **PRICE** 70,00€

### Spa Thalasso Full Body

All the benefits of the Spa Thalasso into one and only treatment. An original full thalassotherapy with the most beneficial varieties of algae such as - Spirulina - Focus Powder - Palmaria Palmata - Chondrus Crispus activate the metabolism, detoxify, and give back to the skin its radiance and smoothness. It nourishes and keeps healthy the skin with its lypolytic and anticellular action. The advantages of this treatment are multiple for the organism and skin due to the absolute similarity to its synthesis with the sea water and the human organism (Plankton - Plasma blood). In an ambiance of marine breeze experience, an exfoliation for deep skin cleansing, mask thalassotherapy. Applying a product with massage and warm - wet towel that hug your body and invite you to a dynamic dive into the magical underwater world.

**TIME** 60'     **PRICE** 85,00€

### Sculpt Zone - Contouring - Anti Cellulite

The Sculpt Zone treatment targets the abdomen-thighs-buttocks area and attacks cellulite and accumulated fat. It is based on a series of « Redox» (reduction-oxidation) reactions, in synergy with the super lipolytic agent « Pepper Slim Active», which traps the free radicals by neutralizing them, stimulates the action of lipolysis and detoxification and combats and decreases cellulite . A delicate creamy foamy texture with soft heat embraces your body and delivers a deep sense of relaxation and pleasure. The ultimate contouring and anti-cellulite performance in an express course. Reduced curves and cellulite, a body lighter and detoxified, smoothed thanks to the intensive formula starring the super active «Slim Pink Pepper».

**TIME** 60'     **PRICE** 85,00€





## BODY PEELING

### Sea Foam Exfoliation

A soft foam for deep cleansing of the skin that moisturizes, tones and rejuvenates sensitive and irritated skin.

**TIME** 45'      **PRICE** 50,00€

### Moroccan Peeling Rose-Jasmin

Delightful exfoliation with cherry and plum kernel powders that glide on and eliminate impurities and dead cells providing your skin with softness and brightness. A creamy textured milk follows, that moisturizes and nourishes leaving your skin silky smooth and envelops your body with a soft and delicate fragrance of rose petals and jasmine from Morocco.

**TIME** 40'      **PRICE** 45,00€

### Delight Scrub with Flowers and Fruit

A real pleasure, this exfoliation combines natural ingredients of fruits, flowers and exotic grains in a treatment of cleansing, radiance and velvet touch for your skin.

**TIME** 30'      **PRICE** 40,00€

# EUPHORIA UNIQUE MASSAGES

## Candle Massage

Through a lovely perfumed ambiance, the massage with oil from hot candles creates a memorable experience. The subtle creamy hot candle oil slides over the body nourishing deeply the skin, while a combination of various massage pressures, stretches and continuous movements, relaxes the muscular system, stimulates the blood microcirculation helping the body to eliminate all the daily stress by inviting you into a joyful sensorial escape. You have but to choose amongst 3 different natural perfumes, Douceur d'Orient with sandalwood – orange for complete relaxation and harmonization of senses. Charm of Andalusia, with citrus –sunflower, vetiver, for relaxation – revivification of soul, body and mind. Rhythm of Brazil, with rosewood, orange, copaifera, for toning, revitalization, and amplification of energy.

**TIME 60'**      **PRICE 80,00€**

## Lava Shells Tropical Massage

Enjoy a tropical massage with real shells of the Pacific Ocean that manifest naturally calcium ions, which are transported directly to the skin through the action of heat. While the hot shells, roll alternately over your body with strong and gentle pressures, they eliminate muscle tension, calm the nervous system, enhance blood circulation and lymph. Soft and subtle hints of exotic fruits, rich in Vitamin E, the oil massage soothes, nourishes and brightens your skin. The uniqueness of Lava Shells Massage is the power of heat, touch and scent. The receptivity between the therapist and client creates an immersive experience.

**TIME 60'**      **PRICE 90,00€**

# RELAXING BODY MASSAGES

## Back - Neck - Shoulders

Back-Neck massage is a deeply relaxing massage focusing on stress release, muscle relief from tension in all areas around the neck and across the back. This massage, relieves stress and headaches, improves circulation and posture, relaxes muscles and improves flexibility while it can also decrease feelings of depression.

**TIME 30'**      **PRICE 55,00€**

## Contouring Massage

Massage for slimming and cellulite. A massage for sculpting of the buttocks and thighs area with the help of active ingredients of Sueda - Maritima a coastal plant which aims to reduce the volume of fat cells.

**TIME 20'**      **PRICE 60,00€**

## Relax Massage

A muscular relaxing massage with essentials oils of lavender and a sea cocktail ingredient that relieves signs of tension calms the nervous system and relaxes the body.

**TIME 30'/60'**      **PRICE 45,00€ /70,00€**

## Aroma Massage

A relaxing massage all over the body and face with natural apricot oil and extracts of aromatic plants and herbs, which have therapeutic abilities appropriately chosen to suit your personal needs. It relieves from headaches, migraines, provides energy and releases endorphins, the hormones of happiness.

**TIME 75'**      **PRICE 80,00€**

## Deep Relaxation Body Massage

It's a massage technique that focuses on the deeper tissues of the muscles and targets via deep pressures to relax the muscles and provide relief and well-being.

**TIME 60'**      **PRICE 80,00€**





## SPA JET "SANITAS" PER AQUA

Feel the vital energy of water in a unique journey of rejuvenation. The therapies of the Spa Jet offer a tremendously relaxing experience and a sense of euphoria. The combination of Vichy Shower, tropical rain, aromatherapy, color therapy and steam massage at four various temperatures, offer treatments that cater for your personal needs. Select the treatment that suits you better.

## SPA JET TREATMENTS A la Carte

<p><b>SPA "Moment Zen" (Reduction Package)</b>            Steam - Ultraviolet            - Vichy Shower - Tropical Rain Shower            - Foot Massage</p> <p><b>TIME 30'</b>      <b>PRICE 40,00€</b></p>	<p><b>SPA "Relaxation" (Aquattica package)</b>            Steam            - Aromatherapy - Hydrobromide - Vichy shower            - Chromotherapy - Massage</p> <p><b>TIME 60'</b>      <b>PRICE 80,00€</b></p>
<p><b>SPA "Wellness" (Kneipp Treatment Package)</b>            Hot physiotherapy            - Hydrotherapy - Temperature alternation - Foot Massage</p> <p><b>TIME 30'</b>      <b>PRICE 40,00€</b></p>	<p><b>SPA "Cocoon Thalasso" (Weight Loss Package)</b>            Steam            - Peeling - Thalassotherapy - Tropical Rain - Body Lotion</p> <p><b>TIME 60'</b>      <b>PRICE 80,00€</b></p>
<p><b>SPA "Relief Pain"</b>            Steam            - Ultraviolet - Vibromassage - Water massage            - Tropical Rain Shower - Scottish shower</p> <p><b>TIME 30'</b>      <b>PRICE 40,00€</b></p>	<p><b>SPA "Cellulite - Contouring" (Sleep Meditation Package)</b>            Steam            - Ultraviolet - Peeling - Body Mask            - Body lotion</p> <p><b>TIME 60'</b>      <b>PRICE 80,00€</b></p>
<p><b>SPA "Velvet Cocoon" (Escape Package)</b>            Steam            - Peeling - Foot Massage - Moisturizing Body Mask - Body Lotion</p> <p><b>TIME 60'</b>      <b>PRICE 80,00€</b></p>	<p><b>SPA "Happy Moments" (Body Wrap Package)</b>            Steam            - Peeling - Body Mask - Body lotion</p> <p><b>TIME 60'</b>      <b>PRICE 80,00€</b></p>
<p><b>SPA "Deep Detoxification"</b>            Peeling            - Detox treatment - Hydrotherapy - Body Lotion</p> <p><b>TIME 60'</b>      <b>PRICE 80,00€</b></p>	<p><b>SPA "Oriental" (Body Wrap Package)</b>            Steam            - Body mask - Massage with Argan oil, Jasmine &amp; Rose oil</p> <p><b>TIME 60'</b>      <b>PRICE 85,00€</b></p>



## SPA RITUALS

### Bouquet holistic beauty care

A Holistic massage for body and face, inspired by India. Extracts of apricot oil, rich in vitamin C (antioxidant) with lily essences, ylang – ylang, rosemary, rose, ginger, violet, coriander, camellia, invite you to a relaxing ritual, full of energy, joy and passion for life. You may, depending on your physical and spiritual state, choose the essence that you most prefer. Last brushstroke on the canvas of your beauty is the mask of roses (rosewood oils and extracts from rose petals). Indulge in a holistic and aesthetic facial and body treatment and give your skin a velvety sensation, your body complete relaxation and your soul serenity. The lily symbolizes innocence, the promise of eternity and bliss.

**TIME** 90'      **PRICE** 130,00€

### Detox-Relax-Rejuvenation treatment

The most active components of the marine wealth, in a total care, of deep detoxification, complete rebalancing, strengthening and revitalizing of the body and skin. Exfoliation and specialized face and body formulas invite you to enjoy all the benefits of sea treasures for a complete restoration of your shape and the health of your skin. As after a seaside walk, your skin reflects beauty, freshness and serenity.

**TIME** 90'      **PRICE** 130,00€

## WAXING SERVICES

	TIME	PRICE
Back & Chest	50'	50€
Arms Full	20'	30€
Under Arms	15'	20€
Bikini Full	20'	40€
Bikini Line	15'	30€
Legs Half	20'	30€
Legs Full	30'	50€

## fairynails ORIGINAL NAILBARS

Fairynails gives you the opportunity to live a unique experience of hand and foot toilette. Following the trends of the season, our skilled and highly trained staff offers you the renewal you need to impress even more. Fairynails' professionals know how to highlight your strong parts and elevate your energy with colors and wonderful designs on your nails.

**OPENING HOURS:** 10:00 - 19:00

**FIND US AT THE LOBBY AREA**



PHYTOMER

Exclusively in Our Spa