



V.A.I.R

BORGO EGNAZIA

SUMMER 2018

Vair
true wellness lies within you.

Vair means "True" and this name embodies
its most intimate essence.

Here, among flickering candles and natural stone walls,
you can begin a path of purification, leading to your personal happiness,
during which you'll encounter a very special person:
Yourself.

Everything has been created to cradle, soften,
and soothe you with unique treatments, inspired by this ancient
and authentic land, by its sacred and profane rituals, by the sheer beauty of
its olive trees and by the clean power of the sea breeze.

Lead by a team of excellent therapists-artists, musicians,
nutritionists and dancers, guests can choose
a variety of treatments ranging from Iyengar yoga to massages,
to local ritual dances with the aim of re-establishing your internal compass
and finding a regenerated capacity for inner joy.

Welcome to Vair.

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À LA CARTE TREATMENTS

VAIR STORIES

Enchanting experiences of unconditional love and caring inspired by local, centuries-old techniques and traditional knowledge, which combine a variety of treatments with different intensity and location. They all enclose a fascinating story, capable of transmitting an emotional impact that you can treasure even after the experience.

AMAUR (love)

A gentle touch of the skin can be perceived as a caress for the mind in this embracing experience designed for a creative woman. A continuous pampering of the whole body is a form of profound devotion transmitted by the therapist who transforms the experience into an extremely exquisite sensation. Warm towels and a soft touch, in perfect synergy of natural oils and beauty rituals for a complete, graceful abandonment.

Ideal for winding down, falling in love with yourself and being open to life.

110 min. € 240

ALLA SEKRDOM (all of a sudden)

Free your strength and thoughts. An intense experience meant to realign the masculine part in you with sudden and unpredictable movements. Created for a young and brilliant man, it consists of agile gestures performed to surprise and aims to place attention on your body, reinforce your strength, and stimulate intuition.

110 min. € 240

PARAVEIS (paradise)

Two lovers. Two sisters. Two souls linked by a special bond. This experience is pleasantly enjoyable on your own, but it becomes utterly amazing shared with the person you love. A moment of engaging relaxation, which takes place in the intimacy of the Spa Suite, an evocative space specially created to surround yourself with love and peacefulness. Waters of various temperatures, steam bath session, private personalized outdoor baths and a double massage, which creates a unique flow of energy between the two souls.

An atmosphere of wellbeing will cuddle and caress you.

110 min. € 640

MASSAGES

Created for Vair with an unparalleled Puglian charm, all massages embody profound meanings linked to the body, to the soul and to our land, whose ancient wisdom is an inexhaustible source of inspiration.

The deep connection with Puglia is nested in the natural, wild-harvested ingredients, in the centuries-old techniques of comfort and relief and in the warmth of a simple touch.

A precious soothing art that aims to make happiness rise from within, like a delightful awakening.

RELAXING MESSAGES

U MOR (the sea)

A massage performed as if you were in the sea. Waving. Slowing. Relaxing. It takes place using the typical timing of this element, in waves, one never like another, but all synchronized on the same fluctuating rhythm. Only a few elements are used such as a salt candle and a light spray of sea water, accompanied by a lullaby played by Vair's musicians. Everything will transform a room into a marvellous bay.

50 min. € 140

NAGGHIR (oil expert)

Fluid and dense as the oil that is poured over the skin. This long massage which uses almond and caper oils has the nurturing property of involving the whole body in a velvety embrace that goes from your head to your toes. Ideal for discovering a new harmony and tuning-in with your body.

80 min. € 195

LOMA KIAN (full moon)

Silence. Listening. Breath. A light touch with increasing intensity on the head is able to soothe mental stress and ease thoughts. The scent of caper oil and almond butter carries you into a graceful state of relaxation that reaches its climax with a foot massage.

50 min. € 125

ARANGION (orange)

Orange is the color associated with enthusiasm, cheerfulness and lightness.

A massage dedicated to this color is a vibrant dance of hands on the body to the rhythm of the heartbeat. A hymn to vitality that wants to donate a sense of joy and spontaneous enthusiasm.

50 min. € 150

BLE (blue)

Relaxation. Release. Peace. It is the massage inspired by the colour blue, which in colour therapy represents serenity, depth and tranquillity. The movements softly slow down. The calm and regular rhythm follows the one of human breathing.

50 min. € 150

MAMMAREDDA (mother)

The sweet months of motherhood become even sweeter with this aromatic massage dedicated to future mothers. It's able to infuse a relaxing, draining or energizing sensation through the use of essential oils of lavender, carrot or orange. All safe in pregnancy.

An initial personalized session will suggest the most suitable scent for this wonderful moment of life.

50 min. € 140

DEEP MESSAGES

MASCIOR (masciara)

Inspired by our land and by the ancient wisdom rooted in it, this massage of medium intensity is dedicated to the ancient Puglian figure of the "masciara", a local healer who was able to soothe minor illnesses. It begins with a whispered "magic formula", keeping your eyes closed, and goes on using heated stones, warm towels and lavender oil in order to inspire your complete relaxation.

50 min. € 140 / 80 min. € 195

SKANGRE (hinges)

Ideal for sportsmen and golfers. By using hot rolled towels strategically placed, it will help release all the tension in your back or legs. This technique is based on ancient rituals used to relieve muscular pain, and is combined with a massage performed by the expert hands of a therapist.

50 min. € 135

U BERAFATT (beautiful)

Vigorous. Energetic. Intense. A massage that aims to realign the entire body structure by stimulating a complete relaxation. It combines different stretching techniques and deep movements, various degrees of pressure applied to specific areas, softened and blended with natural olive oil.

50 min. € 140 / 80 min. € 195

RIT I CUST (back)

All the strength of olive trees enclosed in a relaxing massage which aims to loosen up back muscles. It is ideal for soothing the accumulated tension and for relaxing back and neck muscles.

50 min. € 125

STREKKÈ (squeeze)

Rhythmic or relaxing. Evocative or energizing. Personalized massage based on the particular needs expressed by the body, that can be carried out with different techniques by specialized therapists: from sporting contractures that require intense manual skills and lengthening, to the more relaxing Swedish technique, from the intensity of myofascial to the lightness of the Ortho-bionomy. Its characteristic is to be performed exclusively by the Vair's specialized male therapists.

50 min. € 165 / 80 min. € 195

APPIC (turn on)

Unique as the prickly pear, a typical fruit of this region. Modeling and stimulating massage, energizing and dynamic, more specific on the areas such as legs, core and glutes. An intense revitalization of the body thanks to the properties of prickly pear oil.

50 min. € 125

AVASTE (stop)

Purified with fire. Nothing sounds more fascinating than this detox technique of ancient origins. Glass spheres heated by fire and placed on the body, with the strong purifying purpose of unleashing tension. Ideal for those who want to feel lighter and better by eliminating toxins.

50 min. € 125

BODY TREATMENTS

All-natural body mud masks with the aim of smoothing, cradling, nurturing and purifying our most aesthetic side with treatments of rare beauty.

You will be delighted by a new ravishing silhouette thanks to the beneficial properties of essential oils and natural ingredients such as the pristine salt of the Mediterranean Sea.

ANNASKÈ (smell)

The sense of smell hides meanings which need to be discovered. Strong purification coupled with the power of pure essential oils in a journey of aromas a living to a peaceful relaxation. Two hours of treatment dedicated to the whole body and divided into three phases, each characterized by a different touch: salt scrubs which smooth, soft mud wraps which purify and a final massage using scented essential oils which relax.

110 min. € 300

FACIDD (lapillus)

All the pure energy of a volcano enclosed in a natural thermal scrub combined with a volcanic mud wrap. A purifying detox treatment that drains and energizes and acts on the whole body or on specific areas according to individual needs.

Indicated to soothe muscle tension and to lead to complete body relaxation.

70 min. € 195

FENODD (pretty)

About two hours in the hands of the experts of the body masks. An intense and highly effective remodelling treatment combined with a profound massage enriched by a synergy of essential oils. The feeling is that of a physical liberation by soothing the muscles. It helps to eliminate toxins and excess fluids, improving the smoothness of the skin.

110 min. € 255

VAIR K

A warm caress followed by a glacial embrace. This is pure hydrotherapy inspired by the Kneipp method set in the intimate atmosphere of the Spa Suite. A poetic path of steam baths, cold packs, lemon and fresh herb-based hot baths, and purifying cold water jet rinsings.

A hydrotherapy of rare depth and strong sensations.

110 min. € 300

SCRUBS

Eliminate the old and welcome the new.
Thanks to the rubbing of natural, granular ingredients
such as Mediterranean pristine salts or sugar, your skin
will result more radiant than ever, intensely softened, nourished and smoothened.

SALT (salty)

Pleasant scrub with pure sea salt and extra-virgin olive oil.
Slow, accurate and pleasant, it increases the natural radiance of your skin.
70 min. € 165

DOLC (sweet)

Sweet sensorial scrub using honey and sugar. Excellent results for the skin and inebriating
perfume. For women only.
70 min. € 165

A TUTTEVANN (everywhere)

Accurate scrub using pure sea salt, sugar, oils, fresh lemons and natural soap. Smooths every
single part of the body.
70 min. € 165

LEMAM (lemon)

Invigorating scrub using fresh lemons and local olive oil followed by the application of a
cream made of fig milk. Nourishing for the body and suitable for normal skin.
50 min. € 125

SCONFIDENZA (annoyance and boredom)

Soft scrub using flour and essential oils that increases happiness, order and calm while
smoothing the skin.
50 min. € 125

FACIALS

A delicate facial massage has the power not only to donate visibly relaxed and regenerated skin but also to reharmonize the body and its emotional state, through the three fundamental phases of cleansing, exfoliation and hydration.

ABBEL BEL (slowly)

An invitation to breathe peacefully, synchronizing on a slow, calm pace, without haste, a bit like the Puglian lifestyle. A sentimental treatment that is a combination of pure scents made from both fresh aromatic herbs just harvested in our garden and rare natural products, which alone have the power to transport the soul to a graceful, relaxing dimension. Lavender and rosemary, apricot and cherry oil are just some of the inspiring perfumes that will accompany you on this journey.

50 min. € 125 / 70 min. € 175

BEDDA (beautiful)

Beauty comes from within and it translates into a radiant and resplendent face filled with renewed unconditional happiness. Cosmetics which are carefully chosen and in line with Vair's philosophy, are lovingly applied with experience, thus donating new elasticity and brightness to your skin. Suitable for all skin types.

50 min. € 165 / 70 min. € 195

U STESS (the usual)

A clean and refreshed face reveals what you are inside.

A deep cleansing with a vintage touch to brighten up your skin using energetic and lively rhythms with the unconventional application of oils, butters and mud masks. It restores vitality and tones-up your facial expression.

70 min. € 195

FACC' A FACC' (face to face)

A session with Dora, our expert in facial treatments, and together you will decide on a personalized facial that will enhance your health and beauty. Precious advice on how to make your skin look more radiant and a personalized treatment for each guest.

50 min. € 195 / 80 min. € 220

MBATSCH (in the face)

Personalized mini facial treatment, complementary experience to combine with another treatment or a body massage.

30 min. € 55

BEAUTY

The care of your own image is a therapeutic art.

From the smoothing of your feet to the love for your hands, all the treatments are personal experiences with a typical Puglian touch and feature all-natural products from our own territory such as lemon, fig milk, olive oil and Mediterranean salt.

MAN I PIT - artisanal manicure and pedicure

In a land where the art of handmade is considered one of the greatest qualities, we take care of your hands and feet with a special Puglian style, by using few fresh, wild-harvested ingredients found in our territory. This is a peaceful and relaxing experience with olive oil massage, a salt scrub, a fresh lemon wash and a fig milk wrap. All without the use of tools and water.

50 min. € 70

VELOSC – fast manicure and pedicure

Feel ravishing for a special evening with a quick-fix treatment of hands or feet which includes filing and nail polish.

20 min. € 40 with simple nail polish

60 min. € 90 with semi-permanent nail polish

€ 20 semi-permanent nail polish remover

BELLEZZ – hair and makeup

Makeup and hairstyle have multiple benefits that are reflected on the whole person and not just on the superficial image. For a special event, for an unforgettable evening out or just to look at yourself differently, our beauty treatments are custom-made and on request.

On request, a gentle epilation service that softens the skin for an incredible smoothness.

ROMAN BATHS

A ravishing journey in the pursuit of your inner wellbeing in the heart of Vair and its Roman Baths. Inspired by the ancient customs of the classical Roman baths in the nearby town of Egnathia including Calidarium, Tepidarium and Frigidarium.

SPIRT 120 (wandering without destination)

Immerse yourself in the depths of a silent temple among “tufo” walls caressed by flickering candles. This is Spirt 120. An evocative sensorial experience accompanied by a therapist who will guide you through a path of rare depth and poetry in the heart of the Roman Baths.

A washing ritual on stone beds – just like in the classical Roman tradition – with purifying waters scented with fresh herbs, followed by a mud and ice massage for a soul-awakening journey from the past.

120 min. € 235 per person / € 410 per couple

SPIRT 80

A poetic, purifying and regenerating guided experience which uses pools of different temperatures, biosauna and scrub with pure Mediterranean sea salt to lift your spirit and calm your mind.

80 min. € 125 per person

SPIRT 50

An introductory itinerary in the heart of Vair, alternating warm and cold water in order to rediscover your vital energy. A perfect preamble to prepare yourself for other treatments.

50 min. € 65 per person

AQUANN (when)

Gravity is suspended. Get ready to reach the highest dimension of lightness, losing perception of your body's weight in this high salinity floatation tank. The sensation is that of total abandonment to the water, combined with sounds that recreate the muffled and protective world of the womb. Total relaxation. A rebirth.

25 min. € 45 / 45 min. € 65

MOVEMENT

Alternative forms of physical exercise strongly grounded in the Puglian territory. Different kinds of outdoor training set in a combination of coast and countryside landscapes. Plus a variety of vibrant experiences of liberating activities inspired by the ancient traditional dances from this region.

A STRIGNUL (giggles)

Starting from the roots of popular music, passing through the history of the pizzica and the myth of the “taranta”, this joyful lesson with Giuseppe, our charismatic actor, musician and dancer, follows the ritual steps of these local dances leading to the expression and liberation of the body. Through emotional vocalizations and dancing duels to the rhythm of tambourines, you learn to discover the vibrant and vital side of yourself and others.

90 min. € 220 private or couple lesson / € 55 class (minimum 4 people)

NU SUUN VAIR (a true sound)

Music therapy. Originality. Instinct. Without speaking, you can reach unexpected feelings of relaxation and sharing. A sophisticated lesson of instinctive liberation with Giovanni, in which you learn musical improvisation, find your sound with others and encourage pure spontaneity and inner harmony. No words. Just sounds and music.

90 min. € 220 private or couple lesson / € 55 class (minimum 4 people)

MUVT (move)

Finding your ideal physical form through alternative types of physical activities. Personalized training session, either individually or in a group, that bring a sense of freedom and fun to fitness. A personal trainer will guide everyone either in light or intensive workouts immersed in the sheer beauty of the Puglian countryside. Movement and enjoyment in contact with nature, kissed by the sun and wind.

60 min. € 85 private lesson / € 25 class (minimum 4 people)

IYENGAR YOGA

In harmony with yourself. A lesson in the reserved Iyengar studio of Vair dedicated to lovers of the discipline and to those who need to detox from the stress of everyday life. Yoga teachers who have been certified according to the original teachings of Master Iyengar will guide you through an intense and regenerating session. An extraordinary realignment of both the body and the mind in order to reach a higher state of being.

90 min. € 190 private lesson / € 50 class (minimum 4 people)

PROGRAMS

AROMATHERAPY AND TAILORED PROGRAMS

A perfume has the power to touch the chords of the mind and heart, allowing us to discover our deepest self. Vair uses aromatherapy as a sensorial key to interpret the hidden peculiarities of each individual and create highly personalized spa programs.

ADDUR (odour) – Sensory olfactory experience

Hidden within each perfume is an entire journey where mind, body and soul converge. A profound, introspective experience that leads to the roots of your happiness, revealing new talents and hidden sides of yourself in an unexpectedly simple, gentle way.

The olfactory experience Addur was created by the aromatherapist Luca Fortuna exclusively for Borgo Egnazia and is dedicated to the discovery of the power of perfumes. It allows you to explore your desires and give voice to emotions and feelings, in a dialogue with the deepest part of yourself.

Close your eyes, take a breath and connect with yourself so you can reflect on where you are and where you want to go, opening yourself to your instinct and imagination.

Aromatherapy is the starting point to define an accurate personalized program with the most suitable treatments for each person and aimed at reaching a higher state of energy and renewed happiness.

60 min. € 180

SAPUR (flavor)

The key of all our wellness programs is personalization. That is why Vair suggests having an interesting meeting with our nutritionist to provide valuable food advice inspired by the traditional Mediterranean diet in a calibrated balance between taste and health.

The aim is to propose a healthy diet based on genuine local ingredients, prepared according to wholesome cooking methods. It combines the nutritive elements in order to enhance the flavor of each course in full respect of the correct nutritional values.

60 min. € 150

NA MAELE (no longer needed)

Extraordinary experience of enlightenment and abandonment of the unnecessary. A complete detox aimed at regaining the wellbeing of body and mind through a deep path of purification that helps to get rid of everything no longer needed.

ANNASKÈ

Profound purification thanks to the power of pure essential oils. A journey of aromas between salt scrubs, a mud wrap and an aromatic massage for a ravishing relaxation.

110 min.

AVASTE

A fascinating detox of ancient origins with glass spheres heated by fire and placed on certain areas of the body. Ideal for feeling better by eliminating toxins.

50 min.

U STESS

A deep cleansing with a vintage touch: unconventional application of oils, butters and mud masks, able to donate new radiance to the skin.

70 min.

AQUANN

Losing the weight perception of your body in an high salinity floatation tank to reach complete relaxation and the highest dimension of lightness.

45 min.

SKANGRE

A technique based on ancient rituals of muscular pain relief by using hot towels combined with a massage to relax your back or legs.

50 min.

SPIRT 120

An evocative sensorial experience guided through a path of rare depth and poetry in the wonderful scenery of the Roman Baths of Vair.

Scrub with salt, mud massage, scented purifying waters and loving care.

120 min.

4-day program € 950

APPOST (all fixed)

A flow of deep energy given by the synergistic combination of various massages rooted in ancient local knowledge.

Different traditional techniques of relief are used in this experience of rare intensity to reduce muscle tension and improve the posture, with a selection of four massages with a typical Puglian touch.

MASCIOR

Inspired by our land and dedicated to the local healers of the past. This medium intensity massage will inspire total relaxation due to the use of lavender oil, warm towels and "magic formulas".

50 min.

STREKKÈ

Rhythmic or relaxing. Evocative or energizing. This massage is personalized according to individual needs and performed by male therapists only, after an initial session used to understand the messages of the body.

80 min.

SKANGRE

A technique inspired by ancient rituals of relief, which uses hot towels combined with a massage to soothe muscular pain and relax your back or legs.

50 min.

SPAZZULÈ

Traditional practice of exfoliation through natural processes that smoothes the skin and reactivates the spirit.

50 min.

U BERAFATT

A deep and intense massage to realign the body. Performed using natural oils, it combines various techniques with alternating fast-slow movements and medium-strong pressures.

50 min.

4-day program € 660

NU SPLENDOR (splendid)

A program aimed at aesthetics and relaxation, appearance and harmony to be experienced as amazing moments of beauty and wellbeing.
Purifying water combined with synergies of essential oils and deep cleansing mud, a path to be enjoyed step by step.

FENODD

An intense and effective remodelling treatment enhanced by a synergy of essential oils. It is based on the combination of a body mask and a complete massage that helps to eliminate toxins and excess fluids, improving the smoothness of the skin.

110 min.

FACIDD

Natural thermal scrub combined with a volcanic mud wrap. It can have a draining or energizing effect, ideal to unravel muscle tension.

70 min.

APPIC

Modeling and energizing massage, particularly effective on legs, abdomen and glutes. An intense revitalization of the body thanks to the properties of prickly pear oil.

50 min.

BEDDA

Beauty comes from within. Cosmetics, in line with Vair's philosophy, are lovingly applied in order to donate new elasticity and vitality to your skin.

50 min.

MAN I PIT

Puglian style manicures and pedicures using an olive oil massage, Mediterranean sea salt scrub, lemon wash, fig milk wrap.

50 min.

3-day program € 790

DAY SPA

A day to dedicate to yourself in the suggestive atmosphere of Vair.
A day to breathe the evocative atmosphere and get a taste of the most
unique experiences.
A selection of personalized treatments with a surprising variety of
essential oils coming from the land of Puglia.

MARANG (orange)

An ode to joy and pleasure with essential oils of oranges and neroli.

SPIRT 120

Two hours wandering around in the suggestive Roman Baths immersed in hot, warm and cold pools, purified by washing rituals and re-energized by natural scrubs.

120 min.

ARANGION

Reactivating and energizing body massage inspired by the color of enthusiasm associated with the natural rhythm of your heartbeat.

50 min.

ABBEL BEL

A delicate facial treatment with fresh lavender and rosemary herbs combined with other unique natural products.

50 min.

€ 450

CAMOMILL (chamomile)

Essential oils of blue chamomile and lavender for those in search of relaxation and tranquillity.

SPIRT 50

A delightful sensorial journey inside the Roman Baths wandering from pool to pool of different temperatures.

50 min.

AQUANN

High salinity floating tank. Total abandonment of weight perception for an intense feeling of lightness.

45 min.

BLE

Inspired by the color of tranquility, a slow and relaxing body massage associated with the natural rhythm of respiration breathing.

50 min.

€ 240

GELSOMIN (jasmine)

Experiences featuring jasmine and petitgrain essential oils, for those looking for a sweet but intense touch.

SPIRT 80

Regenerating path in the heart of Vair immersed in warm and cold waters, combined with bio-sauna and salt scrub.

80 min.

NAGGHIR

Long embracing massage from head to toe in order to reconnect with your body.

80 min.

€ 280

ROSMARIN (rosemary)

Essential oils of cistus and rosemary used to reactivate energy and vitality.

SPIRT 80

A suggestive journey through Tepidarium, Calidarium, Frigidarium, biosauna and smoothing sea salt scrub.

80 min.

STREKKÈ

Personalized massage fulfilling the individual needs of the body, performed exclusively by male therapists.

80 min.

€ 280

SALVIE (sage)

For those who want to slow down and ease the mind with sage and lentisk essential oils.

SPIRT 50

Sensorial path immersed in waters of various temperatures of the Roman Baths of Vair.

50 min.

LOMA KIAN

Relaxing head, face and feet massage to soothe stress and ease thoughts.

50 min.

SALT

Slow relaxing scrub with the pristine salt from the Mediterranean Sea and local olive oil to enhance the natural glow of the skin.

70 min.

€ 320

MOVEMENT & MEDITERRANEAN FOOD

FÙRE

Sports and Spa in the land of Puglia.

An unprecedented combination of Puglian-style sports and unique spa experiences. Fùre is an enthusiastic break from your old self, designed for those who want to regain their ideal physical form by reawakening the body in total contact with nature.

As the local name suggests, Fùre takes place mainly outside, not only immersed in the beauty of the Puglian countryside, but also far from conventional sports and spa schemes

The program includes a selection of unusual and unexpected treatments including “pizzica” and juggling, combined with Iyengar Yoga classes. There are several outdoor training sessions allowing the guests to enjoy the countryside, the sea, and the Roman Baths of Vair.

The experience is completed with a nutrition plan specifically tailored by our nutritionist and the executive chef of Borgo Egnazia, strongly linked to the principles of the traditional Mediterranean diet and calibrated with individual attention to the needs of everyone.

The program is available in different versions:

2 days € 830

3 days € 1.050

6 days € 1.840

Prices include Vair experiences and all meals with a personalized menu. For all details, we kindly ask you to contact the reception of the Spa.

IYENGAR YOGA

Food for the body and the mind in perfect balance.

A regenerating experience dedicated to yoga lovers and those who need to detox from the stress of everyday life, in a balanced mix of crystal clear waters, ancient olive trees, wellness and, of course, the practice of this discipline. Based on the synergic combination of the traditional Mediterranean diet and the original teachings of Master Iyengar, this experience takes place in the suggestive setting of the Puglian landscape, as well as in the quiet atmosphere of Vair Spa.

The program includes daily classes of Iyengar Yoga with certified teachers and a regenerating experience in the depths of the Roman Baths of Vair and the loving attention each guest receives.

Every moment is calibrated for the deepest personal wellbeing and every detail is in harmony: mind and body, flavours and nutrition.

The experience includes a personalized food program, studied by our nutritionist and by the executive chef of Borgo Egnazia. Only two meals a day will be served according to the custom of the ancient populations living in the Mediterranean area, in order to provide 16 hours of fasting purification and allow you to discover an unexpected feeling of harmony within yourself.

The program is available in different versions:

2 days € 830

3 days € 1.050

6 days € 1.840

Prices include Vair experiences and all meals with a personalized menu.
For all details, we kindly ask you to contact the reception of the Spa.

TARANT

Amazing retreat dedicated to women only.

An utterly fascinating experience for women who want to rediscover their feminine potential and find a renewed inner happiness.

An enchanting retreat that combines the poetry of Vair treatments with a personalized diet which balances taste and health in the charming atmosphere of the Villas of Borgo Egnazia, the heart of this unique, feminine journey.

Tarant is an exquisitely feminine and liberating path, infused with the essence of the phenomenon of tarantism – a century-old purifying ritual for souls who needed help.

Women who, according to local legends, had been bitten by a spider, the "tarantula", and had to soothe internal vulnerabilities.

A unique opportunity of individual rebirth and enrichment that leads each woman from the enveloping twilight of the womb of Vair to the overwhelming light of Puglia, among ancient olive groves and to the sound of tambourines.

The fascination of the myth of tarantism is also hidden behind the mystery of this ritual, whose details are unveiled day by day. A delicate break from the outside world and from the perception of time, in which you can completely abandon yourself to the loving care of a group of expert therapists, yoga teachers, musicians and dancers able to calibrate every single detail of the experience with individual attentions according to the desires of each and every woman.

At the end of this touching experience, you will find a new powerful femininity.

The retreat is only available on specific dates and is reserved for women travelling alone or accompanied by other women.

3 days € 3.141 includes a 4-night full board stay in a villa.

SPA ETIQUETTE

Welcome to Vair.

Feel free to access the Spa in regular clothing or in your bathrobe. We kindly ask you to wear a bathrobe inside the SPA and outside the changing rooms.

During your treatment, we kindly request that you use the disposable items available for you.

We recommend that you leave any valuables in your rooms or lockers available in the changing rooms. The Spa declines all responsibility for objects left unattended.

We kindly ask you to arrive a few minutes before the beginning of your treatment in order to enjoy the full session time.

Our Team is composed both of male and female therapists. It's not possible to choose your specific therapist but we will try our best to satisfy your requests where possible.

Before your treatment please inform your therapist or the reception about any specific issues (e.g. pregnancy, allergies, blood pressure problems, recent surgeries, medication or pain and discomfort, etc.) or any other problems in order to best assist you.

Use the Spa only if not contraindicated by your doctor and only if your health conditions are good enough to take advantage of the Spa experience.

Guests under the age of 18 are not allowed in the Spa.

Please use a low tone of voice in order to encourage relaxation, yours and of other Spa guests.

The use of cellphones, tablets, cameras and computers is strictly forbidden inside the Spa. We thank you in advance for leaving these items in the locker rooms.

MASSAGES IN THE ROOM OR IN THE VILLA

It is possible to request private massages in your room or in the Villa. For further information, please contact the Vair reception.

CANCELLATION POLICY

Cancellations and rescheduling will be accepted up to 24 hours before the beginning of your treatment. You will be charged the full amount for any cancellation made after this time.

VAIR

BORGO EGNAZIA

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MOST LIFE - CHANGING
EXPERIENCE



 **BORGO
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